

2024  
SPENCER YELLOW JACKET DUALS



DATE:  
Saturday, December 14, 2024

Please Notify Coach Paul Williams on your intent to compete email: [pmwillia@k12.wv.us](mailto:pmwillia@k12.wv.us) cell: 304-377-1113

LOCATION:  
Spencer Middle School

FORMAT:  
Team Duals

10 Team Duals Format: 2 pools of 5 teams, 2 mats. All pools wrestle through, after all pools are finished, teams will then wrestle their same placement overall from the opposite pool, guaranteeing 5 matches. Any extra wrestlers will be filled out across all teams if available.

TEAM WEIGH-INS:  
8:00-9:30 am

ADDITIONAL INFORMATION:  
Hospitality room will be provided, no food or drink allowed in the gym. Please submit all rosters to me no later than December 11<sup>th</sup> to expedite filling extra spots and make for a timely start. Any questions and/or concerns, please contact Coach Williams @ 304-377-1113.

WEIGHT CLASSES:  
70-78-86-94-102-110-116-123-128-135-145-155-171-190-215-285

AWARDS:  
1<sup>ST</sup> and 2<sup>ND</sup> Place Teams will receive a plaque

Entry Fee: \$200 Make Checks payable to: Spencer Middle School